TUESDAY, NOVEMBER 19, 2019 PAWS SCHEDULE

1st Bell 7:25

1st 7:30 - 8:20

2nd 8:25 - 9:20

PAWS 9:20 - 9:50

3rd 9:55 - 10:45

1st Lunch 10:50 - 11:20

4th 11:25 - 12:15

4th 10:50 - 11:40

2nd Lunch 11:45 - 12:15

5th 12:20 - 1:10

6th 1:15 - 2:05

Buses Depart 2:12

BRUIN HAPPENINGS

11/19 ~ Rider/Driver Meeting - 7:10 am, Cafeteria 11/20 ~ Senate/StuCo @ Paws 11/20 ~ Aussie Parent Meeting 11/20 ~ Jazz Night 11/21 ~ BECCA Meeting 11/21 ~ Rider/Driver Meeting - 2:10 pm, Cafeteria 11/22 ~ LIF - Employee Directed

BRUIN SPORTS

STAFF & STUDENTS

- There is a rider driver meeting TODAY at 7:10 am, in the activities center. You will pick up field trip forms for Delivery Day, December 19th. Rider/Driver entail going to families house and dropping off food and gifts. If you miss the meeting this morning then come to the after school meeting November 21 and November 26.
- Friday, November 22nd is the last day to return completed Multilingual Ambassadors Squad forms to Mrs. Montalvo-Lopez in classroom 426. If you are interested stop by her class and get a form. You still have time to be part of this amazing opportunity.
- Chess Club is Tuesdays, come and join to have fun playing and learning if you don't know how. We'll be in the library after school until 3pm.

- Alright Bruins! Are you a Senior who is freaking out about college applications, or a
 freshmen worried about grades? Well, next week is going to be Stress Relief Week
 to give all of you out there that are feeling stressed, a little bit of self-care. We
 have things planned such as Yoga, Painting, Meditation and many more. Be sure to
 take it easy next week as we encourage you all to relax.
- Hey Students and Teachers, the winter season is getting closer, and to celebrate, the sophomore class is selling wreaths, poinsettias, and much more to decorate your homes this Thanksgiving and Christmas. If you are interested in purchasing, make your way to room 610 or find a sophomore officer in the morning or after school for further information.
- Inhale your future, exhale your past. Tuesday, there will be Yoga led by Mr. Hurtig during PAWS. There will also be guided Meditation Thursday in the cafeteria during PAWS. If you would like to participate sign-up outside of the Activities Center today!
- Seniors please check your student email account you were sent an email
 Wednesday night with a <u>link</u> to a questionnaire for you to complete regarding your
 senior year and graduation. For us to order a diploma for you, you must complete
 the questionnaire by next Friday, November 22. Please refer to your email for the
 <u>link or you can access it here</u>. If you have questions, please see Mrs. Cooper or Mrs.
 Shaw.

Quote for the day: I knew I was on the right path when I started feeling peace in situations where I would normally feel tension.

LUNCH MENU

TUESDAY ~ Philly Beef Sandwich WEDNESDAY ~ Asian Cuisine THURSDAY ~ Turkey Gravy & Mashed Potatoes with Roll FRIDAY ~ Chef's Choice